Physical Education Term Overview
Term Three, 2016

Pre Primary

- The Perceptual Motor Program (PMP) has children working through a sequence of experiences to develop perception and motor outcomes along with memory training. It aims to develop, through movement, motor skills that are related to the child’s own needs, in the areas of eye/hand, eye/foot coordination, locomotion, balance and fitness.
- Ball sports: Hand/eye coordination skills will be developed to control a ball through a variety of skills and games. Children will experiment with different ways of moving large balls to include bounce, throw, catch and roll.

Year One/Two

- Ball sports: Hand/eye coordination skills will be developed to control a ball through a variety of skills and games. Children will experiment with different ways of moving large balls to include bounce, throw, catch and roll.
- Body management and control: Fundamental movement skills of body management and location will be practiced, including the ability to balance and maintain various weight-bearing positions.
Year Three/Four

- Ball sports: Hand/eye coordination skills will continue to be developed through a variety of ball games. Students will play modified games of netta/netball and practise a variety of games in preparation for the Athletics Carnival.
- Athletics: Skills involved in track and field events that result in optimal performance will be developed in preparation for the Athletics Carnival. Specific throwing techniques required for turbojav and shotput (year 4 only) will be practised. Running and long jump techniques will also be developed.

Year Five/Six

- Athletics: Skills involved in track and field events that result in optimal performance will be developed in preparation for the Athletics Carnival. Specific throwing techniques required for turbojav and shotput will be practised. Running and long jump techniques will also continue to be developed.
- Ball sports: Hand/eye coordination skills will continue to be developed through a variety of ball games. Students will play netball in preparation for the Interschool Carnival and practice a variety of games in preparation for the Athletics Carnival.
- Ball sports: Foot/eye coordination skills will be developed through a variety of ball games. Students will play football and practise a variety of skills including kicking, marking and handballing in preparation for the Interschool Carnival.