



PHYSICAL EDUCATION TERM 1 OVERVIEW 2024



PHYSICAL EDUCATION KEY DATES

ST PIUS X SWIMMING CARNIVAL (YEAR 3 – 6)

DATE: TUESDAY 27th FEBRUARY
TIME: 11.30AM – 2.30PM
LOCATION: AQUALIFE CENTRE, EAST VICTORIA PARK

ASCS SWIMMING CARNIVAL (YEARS 4-6)

DATE: THURSDAY 7th MARCH
TIME: 9.00AM – 12.00PM
LOCATION: FREMANTLE LEISURE CENTRE

ASCS CRICKET CARNIVAL

DATE: FRIDAY 22nd MARCH
TIME: 9.15AM – 2.30PM
LOCATION: KAROONDA RESERVE, BOORAGOON

KINDY

- Movement: Through a variety of games children will participate in activities which incorporate fitness, body management, locomotor, and object control skills to develop Fundamental Movement skills.
- Movement: Through a variety of activities students will develop simple locomotor movements, with the focus on static balance, running, jumping, and throwing.

PRE-PRIMARY

- Movement: Through a variety of games students will develop simple locomotor movements, with the focus on balance, running, jumping, and throwing.
- Ball sports: Hand/eye coordination will be developed through the manipulation of beanbags and small balls in a variety of activities and games.

YEAR 1 & YEAR 2

- Movement: Through a variety of games students will develop simple locomotor movements, with the focus on running, throwing, jumping, and two-handed strikes.
- Ball sports: Hand/eye coordination skills will be developed through a variety of bat and ball games. Overarm throwing, batting, and fielding will be developed through skill sessions and modified games of cricket.
- Simple rules and fair play in group activities and minor games.

YEAR 3 & YEAR 4

- Ball sports: Hand/eye coordination skills will be developed through a variety of bat and ball games.
- Overarm throwing, bowling, two handed striking and fielding will be developed through skill sessions and modified games of cricket.
- Basic rules and scoring systems to keep physical activities safe and fair.

YEAR 5 & YEAR 6

- Ball sports: Hand/eye coordination skills will be developed through a variety of bat and ball games, including cricket. Bowling, batting, overarm throwing, and fielding will be specifically developed through skill sessions and game play in preparation for the Interschool carnival this term.
- Basic rules and scoring systems to keep physical activities safe and fair.